



OUR MISSION: Women and Youth Supporting Each Other empowers young women by providing the resources and support necessary to make positive life choices and create community change.

Big Seven

Overview: In small groups, mentors take timed turns (2-4 min each) freely speaking on any of the following seven “big topics.” Only the mentor whose turn it is may speak – all other group members must remain silent and actively listen. The mentor speaking may share whatever they want on any/all of the “big seven” topics – many mentors will choose to speak about personal experience with these topics, but it is also okay to speak generally. Once all group members have had a turn, the discussion is over. There may be no direct questions, follow-ups, or comments from fellow group members and nothing may be repeated outside of the “big seven” group. This activity accomplishes three-fold: engages mentors to confidently think and speak their minds on complex issues faced in WYSE, encourages mentors in the art of listening, and builds trust and respect among mentors as they share in a safe space.

Topics:

- Race & Ethnicity
- Class
- Gender
- Sexual Orientation
- Socioeconomic Status
- Religion
- Family Structure & Dynamics