OUR MISSION: Women and Youth Supporting Each Other empowers young women by providing the resources and support necessary to make positive life choices and create community change.

ACTIVITY: Identifying Role Models

Mentor Training Component: 3. The Role of a WYSE Mentor

Overview: Mentors will identify strong examples of role models and why.

Directions: On a wall, tape up different pictures or write names of famous women. They could be from all backgrounds, different degrees of fame or success. From Marge Simpson to Michelle Obama, Pair up mentors into small groups of 2-4. In each group, mentors choose 1 of the women they identify as a role model and why. Encourage mentors to think outside the box.

Discussion:

1. Who did you choose as a role model? Why?

2. Who as not chosen? Why?

3. Which of these women are leaders?

4. What expectations do we have for role models? What pressures do they face?